SERENITY PRAYER

God, grant me the Serenity
To accept the things I cannot change...
Courage to change the things I can,
And Wisdom to know the difference. Living one
day at a time,
Enjoying one moment at a time,
Accepting hardship as the pathway to peace.
Taking, as He did, this sinful world as it is,
Not as I would have it.
Trusting that you will make all things right
if I surrender to your will.
That I may be reasonably happy in this life,
And supremely happy with You forever in the next.

Amen.
Find healing and freedom from life's hurts, habits, and hangups at Celebrate Recovery LABC!

Small Groups:
Newcomers 101 (First time guests) - Room 227
Men Addictions - Room 223
Men Life Issues/Codependency - Room 222
Women Addictions - Room 225
Women Life Issues/Codependency - Room 224

Small Group Guidelines
1. Keep your sharing focused on your own thoughts, feelings, and actions. Please limit your sharing to three to five minutes.
2. There is NO cross-talk please. Cross-talk is when two people engage in a dialogue during the meeting. Each person sharing is free to express feelings without interruptions.
3. We are here to support one another. We will not attempt to “fix” one another.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.
5. Offensive language has no place in a Christ-centered recovery group.

Remember Celebrate Recovery is a safe place!
Anonymity & confidentiality are of the upmost importance!
What you say here, and who you see here, stays here!

The Road to Recovery
THE 8 PRINCIPLES BASED ON THE BEATITUDES

Principle 1: Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1)
Happy are those who know they are spiritually poor. Matthew 5:3

Principle 2: Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. (Step 2)
Happy are those who mourn, for they shall be comforted. Matthew 5:4

Principle 3: Consciously choose to commit all my life and will to Christ’s care and control. (Step 3)
Happy are the meek. Matthew 5:5

Principle 4: Openly examine and confess my faults to myself, to God, and to someone I trust. (Steps 4 and 5)
Happy are the pure in heart. Matthew 5:8

Principle 5: Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 and 7)
Happy are those whose greatest desire is to do what God requires. Matthew 5:6

Principle 6: Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I’ve done to others when possible, except when to do so would harm them or others. (Steps 8 and 9)
Happy are the merciful. Matthew 5:7
Happy are the peacemakers. Matthew 5:9

Principle 7: Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life, and to gain the power to follow His will. (Steps 10 and 11)

Principle 8: Yield myself to God to be used to bring this Good News to others, both by my example and by my words. (Step 12)
Happy are those who are persecuted because they do what God requires. Matthew 5:10